



Monday	Tuesday	Wednesday	Thursday	Friday	<b>Hempfield School District Breakfast Program Secondary</b>  <b>Student Meal Pricing:</b> Milk: \$0.65 Fruit A La Carte: \$0.75 Full Pay Breakfast: \$1.50 Reduced Price Breakfast: \$0.00  <b>Adult Meal Pricing:</b> Breakfast: \$2.30
<b>Daily Lunch Choices</b> Choice #1 Main Breakfast Meal Choice #2 Cold Cereal, Cinnamon Roll, Whole Grain Donuts, WG Pop Tarts, & Bagels  Students choose up to (1 cup) fruit which consists of: juice, fresh fruit, or canned fruit. Student are served and can choose from an assortment of fruit served in half portions daily.  <b>Breakfast Menu Subject to Change.</b>					
Balance and Purchasing history? Visit: <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>  	<b>Reminder:</b> December 18, 19, 20, & 21 will be chef breakfast choice days.  <b>Happy Holidays!</b>		<b>Gluten Free General Mills Cereals</b> Rice Chex Cinnamon Rice Chex Cheerios Honey Nut & Fruity Cheerios Lucky Charms Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk <b>Please Check for availability</b>		
<b>Choose Any 1 Entrée</b> American Cheese, Egg, & Ham on English Muffin Pillsbury Mini Waffles w/ Syrup Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	<b>Choose Any 1 Entrée</b> American Cheese, Egg, & Sausage on Croissant Warm Pillsbury Apple Strudel Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	<b>Choose Any 1 Entrée</b> Mini Cinnamon or Strawberry Splash pancakes w// Syrup Stuffed Breakfast Sandwich w/ Turkey, Ham, Egg, & Cheese Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	<b>Choose Any 1 Entrée</b> Monte Cristo Sandwich Assorted 4oz Muffins Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	<b>Choose Any 1 Entrée</b> Managers' Breakfast Choice <i>A selection of hot and cold entrees selected by the Manager</i> Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	<b>December 2018</b>  

**Online Payment:** To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, [www.myschoolbucks.com](http://www.myschoolbucks.com). The system only charges a fee when households utilize the online payment options.

**Meal Applications:** For free and reduced breakfast and lunch benefits, apply anytime at [www.ezmealapp.com](http://www.ezmealapp.com).

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(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at [http://www.fns.usda.gov/snap/contact\\_info/hotlines.htm](http://www.fns.usda.gov/snap/contact_info/hotlines.htm) "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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